

MEDICAL FORMS TO FIGHT FOR GLADIUS

Please note: **GLADIUS NOW REQUIRES THAT ALL MEDICALS AND BLOOD WORK BE SUBMITTED 2 weeks BEFORE WEIGH INS FOR REVIEW.** Forms and results need to go to uamartialarts@gmail.com in scanned PDF format. Do not send pictures of your forms, they will not be accepted.

Please take the physical form to your doctor when you get your physical.

You fill out the parts labeled "fighter."

The doctor fills out the parts labeled "doctor."

Your doctor has to fill this form out completely and sign it.

Blood work:

You will need HIV, Hep B and Hep C tests, **regardless of whether or not you have been vaccinated for Hep B.** The **Hep B test is called Surface Antigen.** These tests are listed at the top of the physical form. If your doctor completes the wrong tests, you will not be able to fight.

You will receive your blood work results on a separate paper from the physical form.

You will need this physical form AND blood work results paperwork submitted in scanned PDF format to uamartialarts@gmail.com BEFORE weigh-ins to fight. DO NOT send pictures of your forms. Do not wait to bring medicals and blood work to weigh ins. **GLADIUS NOW REQUIRES THAT ALL MEDICALS AND BLOOD WORK BE SUBMITTED BEFORE WEIGH INS FOR REVIEW.**

Physicals need to be dated 1 year from the event date and blood work tests must be dated within 6 months prior to the date of the Gladius event you are fighting on. They need to be updated every 6 months.

Do not wait until the last minute to make an appointment for your physical. This causes stress for you and me. Please avoid that.

If you have any questions please contact Kate at uamartialarts@gmail.com.

Thank you!